CONTACT TRACING

This is the identification, listing, and follow-up of persons who may have been in close contact with a confirmed COVID-19 case. An important step in containing outbreaks of infectious diseases.

If at least one (1) CONFIRMED, probable, or suspect case of COVID-19 in the Workplace

- OH Physician or qualified Healthcare Personnel
  To ASK ABOUT CLOSE CONTACTS

  **ISOLATE/QUARANTINE PROVIDE CARE**

  **14 DAYS**

  Monitor close contacts for symptoms of sickness for 14 days

  Employees with exposures two (2) days before or within 14 days from onset of symptoms of a suspect, confirmed or probable case. Exposure shall be any of the following:
  - Face to face contact with a confirmed case within one (1) meter and for more than 15 minutes, with or without a mask;
  - Direct physical contact with a confirmed case or
  - Direct care for a patient with probable or confirmed COVID-19 disease without using PPE's.

  - (+) CLOSE CONTACT
    - SELF QUARANTINE
    - Monitor daily for 14 days.

  DEVELOPED SYMPTOMS
  - Ask about contacts

  - Monitor close contacts for progression of symptoms
  - Manage or refer accordingly

  - Repeat cycle until no new cases

  (+) CLOSE CONTACT
  SELF QUARANTINE to reduce or inhibit the chance of spreading infection
  Monitor daily for 14 days

  NO SYMPTOMS within 14 days
  NO SYMPTOMS AFTER 14 days

  PRIOR TO GOING BACK TO WORK
  Upon reassessment of OSH MD/ local health officer
  MAY RETURN TO WORK without RT-PCR testing
  Request QUARANTINE CLEARANCE CERTIFICATE from CHO/ MHO (when possible)

  MISSSED CONTACT
  - SELF QUARANTINE
  - Monitor daily for 14 days.

  DEVELOPED SYMPTOMS
  - Ask about contacts
  - Monitor for progression of symptoms
  - Manage or refer accordingly

  IF NO CONTACTS NO FURTHER SPREAD

  May spread COVID-19 virus to new contacts

Source: JMC No. 20-04-A Series of 2020

CONTACT TRACING
finds new cases quickly so they can be isolated/quarantined to stop further spread.
ONE MISSED contact can keep the outbreak going.