HEALTHY AND SAFE EATING IN THE WORKPLACE

DO’s

ENGINEERING CONTROLS
- Use physical/ acrylic barriers between eating areas or use non movable chairs to regulate distance
- Maintain adequate ventilation and exhaust
- Set-up washing facility and sanitizing stations

ADMINISTRATIVE CONTROLS
- Wash your hands thoroughly before and after each meal.
- Eat alone on your work station if possible.
- Follow floor, table and chair markings
- Practice physical distance when sharing a table or back to back seating when possible

PPE
- Replace used mask after eating, and wear it properly
- Throw disposable mask in designated trash

DONT’s

- Do not put used mask in your pocket or bag or place it on the surface of your work table
- Do not pull down your mask under your chin or partially cover your nose or let the mask hang on your ear when eating
- No face to face small talks when eating. Don’t talk when your mouth is full.
- Do not eat with your bare hands without washing, avoid nibbling snacks while working.
- No sharing of meals or borrowing of utensils.
- Do not share condiments
- Do not stay longer than necessary in common areas